

Mindful Moments Book List

- *The Thank You Book*: by Mo Willems
- *The Thank You Letter*: by Cabrera, Jane, author, illustrator
- *I'm Gonna Like Me : Letting off a Little Self-Esteem*: by Curtis, Jamie Lee
- *My Five Senses*: by Aiki
- *Breathe Like a Bear : 30 Mindful Moments for Kids to Feel Calm and Focused Anytime, Anywhere*: by Willey, Kira
- *Ruby Finds a Worry*: by Percival, Tom
- *Mindfulness*: by Fabrizio, Alex
- *Listen Like an Elephant*: by Kira Willey
- *The Peace book*: by Todd Parr
- *Gustavo the Shy Ghost*: by Flavia Z. Drago
- *Layla's Happiness*: by Mariahadessa Ekere Tallie
- *Fill a Bucket*—Carol McCloud
- *I Am Human: a book of empathy*—Susan Verde
- *I Walk With Vanessa : a story about a simple act of kindness*—Kerascoët
- *Be You!*- By Peter H. Reynolds
- *Hey Little Ant*—Phillip and Hannah Hoose
- *Last Stop on Market Street*—Matt De La Peña
- *Ivan: the remarkable true story of the shopping mall gorilla*—Katherine Applegate
- *Malala's Magic Pencil*—Malala Yousafzai
- *One*—Kathryn Otoshi
- *Those Shoes*—Maribeth Boelts
- *A Sick Day for Amos McGee*—Philip C. Stead